



Stuart Hall School for Boys

FAITH SCHOLARSHIP LEADERSHIP HONOR

December 3, 2014

To Whom It May Concern:

It is a privilege to write a letter of recommendation for Nolan Ferraro and Salire Fitness. Nolan Ferraro has provided our faculty and staff with an awesome weekly Bootcamp experience on our campus. Nolan is a true professional. He is super knowledgeable and takes the time to make sure we are not just exercising harder, but that we are exercising smart, too! He has helped all those who have participated to push themselves to grow stronger and more flexible. The Bootcamp is fast-paced and fun! Nolan goes above and beyond to make sure we all learn proper form and he differentiates the exercises to accommodate each person's skill and ability level.

Nolan demonstrates a strong commitment to fitness and wellness and sincerely cares about our faculty and staff's well-being. He sets high expectations and goals for us and designs the Bootcamp in a way which allows each one of us to achieve these goals and experience success. We have truly enjoyed having Bootcamp on campus! I strongly recommend Nolan Ferraro and Salire Fitness for your personal and group fitness needs.

Sincerely,

Bridget F. Hagan

Bridget Foss Hagan, Ph.D.
Assistant Head of School